

EXTRA EFFORT

When: Monday - Thursday (3:20-4:20)
Where: Neosho School Library
Why: Students needing help, a quiet place to work, any other great reason
Who: Mr. Pohland will be there to help

Students can be signed up for any or all days each week. Please turn in this form to your teacher.

Parents: Please be prompt in picking up your child at 4:20 P.M.! I look forward to working with many of our children this year.

~~_____~~ Monday, November 8 - NO EXTRA EFFORT TODAY
_____ Tuesday, November 9
_____ Wednesday, November 10
_____ Thursday, November 11

Students Name _____ Grade _____ has my
permission to attend Extra Effort. I understand that I must pick my child up at 4:20 P.M.

Parents
Signature _____



Grant Facts

Last week grant funds purchased the banner that students signed, pledging their commitment to making good choices this year (and hopefully into their futures). A group from the Council of AODA of Washington County and HUHS came to our assembly and talked about the importance of making good choices!

This Week's Website

Check it out!!

<http://family.samhsa.gov/talk/>

Family Guide to Keeping Youth Mentally Healthy and Drug Free

Great information, links to videos, etc.

Meet your School staff:

Mrs. Laurie Quinn, 2nd
Grade Teacher



Mrs. Quinn has been teaching for 15 years! She spent several years teaching elementary level special education and this is her 4th year teaching 2nd grade.

1. Why do you love teaching? Because I love children. I 'm always amazed at their curiosity and their capacity to learn.
2. When I was in elementary school, my favorite subjects were; reading and social studies.
3. Tell us about your family: My husband Larry and I have 3 grown children, Elizabeth (featured below), Peter and Mary. Peter is in Hawaii working on an organic farm. Mary is the youngest and she just got married this summer. I also have 2 grandchildren, my "amazing" Grace just turned 5 and Ben loves tractors and trains. Hi to my terrific second graders!!



Mrs. Elizabeth
Feisthammel, School Nurse

Mrs. Feisthammel is married and the Mom of two children, Grace (5) and Ben (2). She has been a Pediatric Nurse for 7 years and works at Children's Hospital. She is at school on Tuesday mornings, and says, "stop by and say hi!"

1. Favorite Book: the Little House books, by Laura Ingalls Wilder, which I am now sharing with Grace.
2. Something I make that is the BEST: I love to bake and enjoy trying new recipes! My specialty is an Irish Cream Chocolate Cheesecake. Guess we'll have to officially be the judges of that!! (Hint hint)
3. Favorite Joke/ funny saying: Nurses call the shots! RN means "real nice". Nurses have lots of patients.

Upcoming Events

The Steering Committee for grant activities is busy planning many great events for the year, including an exciting assembly for Elementary and Middle School Students in December and several educational opportunities for parents. Watch this news page for updates!

See additional page for upcoming First Aid and CPR training right here at school. Great opportunity! Thanks Elizabeth!

Thank You's

Thanks to the work of the PTG, Mrs. Fier and Mrs. Weber and the Safe Schools/Healthy Students grant in planning activities for Red Ribbon Week.

It was a great week for everyone!

THANKS!

P.S. We were featured in last Sunday's Booster, page 2!

HERE'S TO OUR HEROES!

READING SAVES THE DAY!

Dear Parents and Families,

The Scholastic Book Fair is coming to Neosho School November 17-24th. Hours are from 8:30-3:30 daily. Extended hours on Thursday, November 18 during conferences 4-7:30. You are invited to our Scholastic Book Fair, a reading event packed with excitement for students and families!

Our Book Fair theme –Here's to Our Heroes! Reading Saves the Day!- is part of a weeklong event that brings the books kids love to our school in an atmosphere of fun. Because everyday heroes surround us, the heroes theme allows students to celebrate all types of heroes, from the ordinary to the extraordinary, inspired by a love for books.

A Book Fair gives students access to books at affordable prices and makes reading a positive experience. Children are more likely to read the books they personally get to choose. It's one of the best ways to motivate kids to read more. The more time children spend reading, the stronger their reading skills are. And strong reading skills are the pathway to succeed in school and in life. Reading is the most powerful skill of all!

If you're all booked up during book Fair week (or just want to keep shopping), be sure to visit the book Fair online at www.scholastic.com/schoolbookfairs. The online Book Fair:

- Allows your child to send wish lists to friends and family members
- Is available for an extended time: until Dec. 1
- Offers an expanded book selection – even adult titles!
- All purchases count towards the schools book profit
- No shipping and handling fee, books are delivered to your child at school, however we must include sales tax.

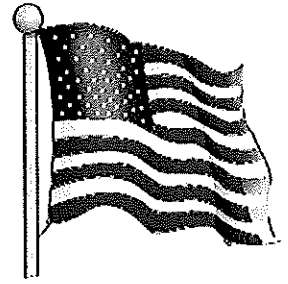
Please join us to make this Book Fair the BEST our school has ever seen. We encourage you to stop by to support the super student in your life, and to promote literacy.

Sincerely,
Mrs. Duernberger and Mrs. Hernandez



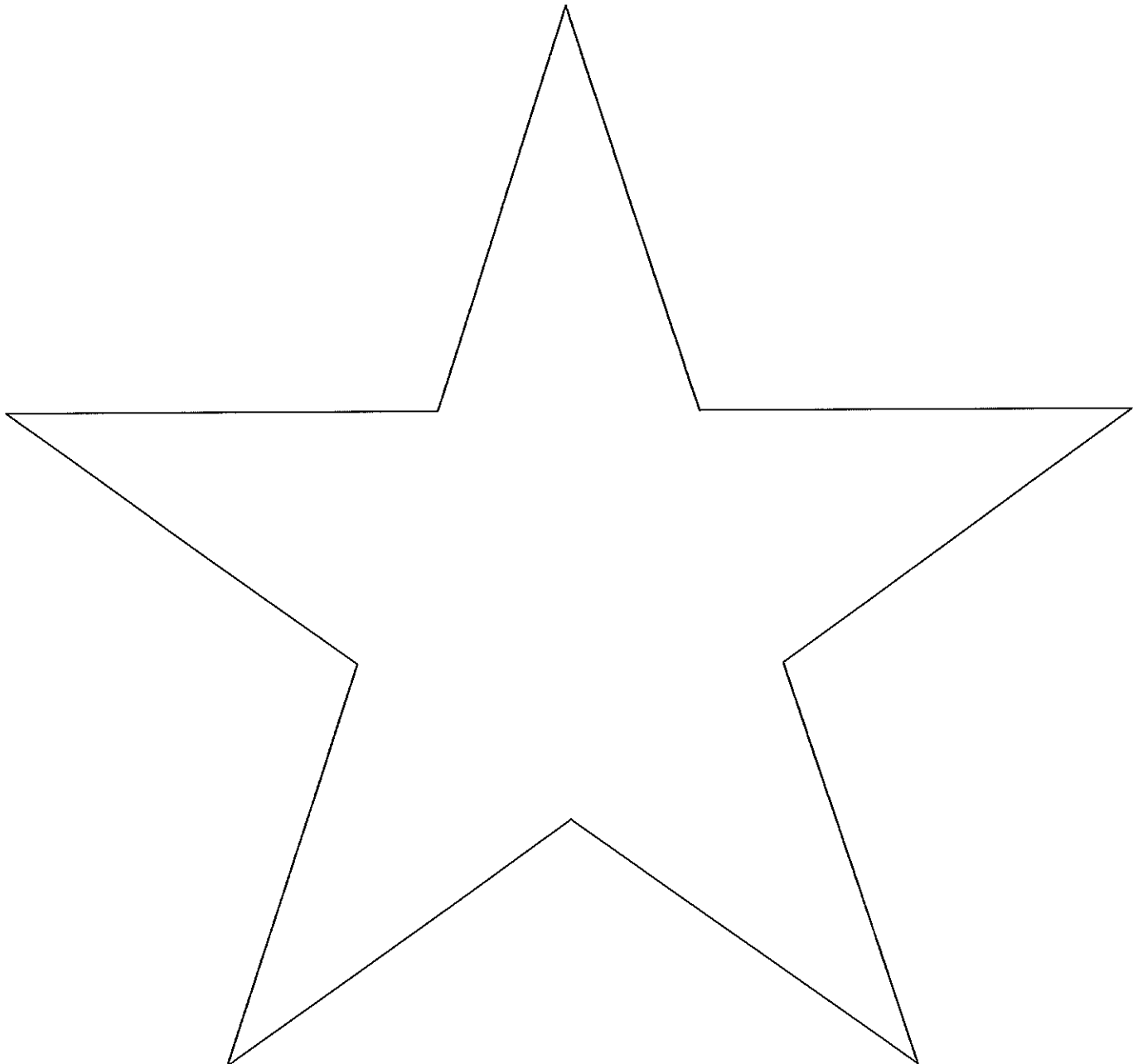


Neosho School Veterans Day 2010



Next Thursday, November 11, Neosho School will observe Veterans Day with a brief all-school assembly in the gym at 1:00 p.m. The program will include a presentation of the flag, the Pledge of Allegiance, the playing of Taps, and an opportunity for our students to hear from local veterans about their service to our nation.

As part of the observance, students will be invited to hold up a star in honor of a veteran or someone currently serving on active duty. You may use the star below, or trace it onto colored paper. You are encouraged to write the name(s) of the person(s) being honored on the star(s), along with any other information you may wish to include. *If attaching a picture, please use a copy, to ensure that you do not lose a precious family photo.





Hello from the School Nurse

Hi, my name is Elizabeth Feisthommel and I am the school nurse for Neosho School this year. I am excited that this year is off to a happy and healthy start! I have office hours at school on Tuesday mornings and am available by phone anytime. Please call me if you have any questions or concerns.

A few reminders from the nurse's office.....

Medication at School

If your child needs to take any medication at school, either for a short time or on a regular basis, there are some rules that need to be followed. If it is a prescription drug the school needs our medication form filled out with a doctor and parent signature. If the medication is over the counter the school needs the medication form filled out with clear instructions of when/how much to give and a parent signature. In both cases it is very important that the medication is brought in the original container with the child's name on it. Thank you for your attention in this important safety matter. Please call the office or nurse with any questions or to get a medication form.

Health Reminders

If your child has an allergy or health condition, please feel free to contact me to discuss plans for the school year.

Thank you to everyone who updated their records or received vaccinations this fall. If your child receives a new vaccination anytime this year please send a note to school with the date and vaccine name so that I can keep their school records updated.

Vision and hearing screenings will take place in January.....watch for more information or if you have a concern about your child's vision or hearing at this time please let me know.

Don't forget to get your flu shot!

I will be offering a Red Cross CPR/First Aid Class for the community. See the attached letter if you are interested in this training.

Mrs. Elizabeth Feisthommel
Neosho School Nurse
efeisthommel@neoshoschool.com
(262) 719-1158 (Cell Phone)
Office hours at Neosho: Tuesday Mornings



Red Cross CPR/AED/First Aid for the Lay Provider Certification Class offered at Neosho School

An Adult/Child/Infant CPR, AED, and First Aid class for the lay provider (not in the medical field) will be held at Neosho School on November 16th and 17th from 5:30-9:00pm. This will be an 8 hour class that will cover CPR, choking, and AED for the adult and child, as well as CPR and Choking for the infant. It will also cover basic first aid for all ages. You must attend both nights. You will receive Red Cross certification that is good for 1 year upon successful completion of the class requirements. Anyone is welcome to attend. This class would be especially beneficial for those who coach or volunteer their time at school sporting events. The cost for this course will be only 10 dollars per person thanks to the Safe Schools Grant that is helping fund part of the cost. This session is limited to 5 participants and may be canceled or rescheduled for low enrollment. Please call Elizabeth Feisthammel, Neosho school nurse, with any questions or to sign up for the class. If you have been certified within the year and are interested in renewing please contact me for information on an abbreviated course. I also plan on holding a class later in the year on a weekend if that works better for your schedule. I encourage you to come out and get trained to be a lifesaver!

Mrs. Elizabeth Feisthammel
Neosho School Nurse
efeisthammel@neoshoschool.com
(262) 719-1158 (Cell Phone)]
Office hours at Neosho: Tuesday Mornings



Committee News

- ❖ **Craft & Vendor Fair Planning Meeting** will be held on Wednesday, November 10th, at 6:00 pm. If you are planning on helping out the day of the fair please attend this meeting. If you would like to help at the fair but cannot attend this meeting please contact Danielle Balmer at 920/625-3433. We will greatly appreciate any help we can get from parents, students, teachers and staff.



The Neosho Public School Craft & Vendor Fair will be held on Saturday, November 20th, from 10:00 – 4:00 pm. We will have a lunch and bake sale going on too. Bring your kids and they can do a free holiday craft. Admission is free.

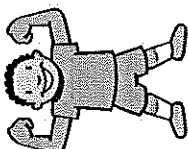


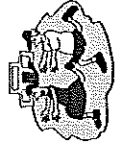


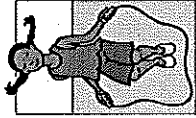


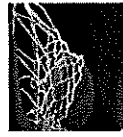
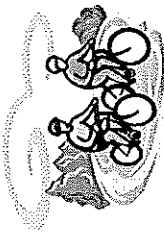




We also need your baked goods to sell at the fair for the bake sale! You can either send them to school on Friday, November 19th, with your child or drop them off at the fair on Saturday, November 20th.

We still have room for crafters/vendors at our fair. If you or anyone you know would be interested in purchasing booth space please contact Anne Noll at 920/625-3011. Money raised at the fair will be used to help fund Grandparents Day and the Back to School Kickoff.

November 2010

Elementary Physical Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p>  <p>Play Frisbee® with your family.</p> 	<p>1</p>  <p>Rake some leaves today and help clean up your yard.</p>	<p>2</p> <p>Make up a new tag game and play it during recess.</p> 	<p>3</p> <p>Do some animal walks-pretend to be a turkey, a dog, a horse, a monkey. What other animals can you move like?</p>	<p>4</p> <p>Do as many push-ups as you can when you wake up and before each meal.</p>	<p>5</p> <p>Run five laps around your school. Walk two more laps to cool down your muscles.</p>	<p>6</p> <p>Go bowling with a friend or make your own bowling game using empty water bottles filled with water, sand, or rice.</p>
<p>7</p> <p>Play Frisbee® with your family.</p> 	<p>8</p> <p>Rake a big pile of leaves. Jump in and out. Jump around it. Swim in it. Now rake it all up and bag it for trash pickup.</p>	<p>9</p> <p>Find a step. Step up and down 50 times. Now jump on and off the step 20 times. Rest and try it again.</p>	<p>10</p> <p>Stand on one foot. Write your first name on the floor using your left foot. Now use your right foot to write your last name. Do ten times!</p>	<p>11</p> <p>10 frog jumps, 10 pushup jumps, 10 curl ups. Repeat 3 times.</p>	<p>12</p>  <p>Play soccer with a friend.</p>	<p>13</p> <p>Play your favorite song and see if you can do jumping jacks to the music.</p>
<p>14</p> <p>Bike ride with your family. No bike? Power hike together on a nearby trail or path.</p>	<p>15</p> <p>Superman hold for 60 seconds 3 times.</p>	<p>16</p> <p>Jump rope 10-15 minutes.</p> 	<p>17</p> <p>Hula hoop for 5 min. Now lay the hoop 5 steps away from you and throw a sock ball into the hoop. Put the hoop farther away for a challenge.</p>	<p>18</p> <p>Hold a small water bottle in each hand. Do 20 bicep curls, bringing the bottle to your shoulder and back down. Do this 3 times today.</p>	<p>19</p> <p>Draw the letters of the alphabet in the air using your right hand. Now do it again with your left hand.</p>	<p>20</p> <p>Play soccer today with a friend. Use two empty water bottles to mark the goal area.</p> 
<p>21</p> <p>Take a walk with your family around the neighborhood.</p>	<p>22</p> <p>Play some tennis with a friend.</p> 	<p>23</p> <p>Hold a heavy book with both hands in the center of your body and twist side to side. Do this 20 times after each meal.</p>	<p>24</p> <p>Put a jump rope on the floor. Jump side to side over it. Jump forward and back over it. Now make a shape with it and tip-toe on the rope. Keep your balance!</p>	<p>25</p> <p>10 min of jogging with feet kicking your bottom. Now 10 min of jogging with high knees. Jump high and trying to touch the top of a doorway 20 times.</p>	<p>26</p> <p>Try some seat drops. Stand in front of a chair and sit back until your buttocks touch the seat. Do this 15 times before each meal.</p>	<p>27</p> <p>Go to an indoor pool and practice different styles of swimming. No pool? Lie on the ground and pretend to do the strokes.</p>
<p>28</p> <p>Challenge a family member to a game of HORSE.</p> 	<p>29</p> <p>Make up a dance using all your best moves. Teach it to one of your family members and dance for 10 minutes.</p>	<p>30</p> <p>Play volleyball with a friend using a balloon. Play for 30 minutes.</p> 	<p>18</p> 	<p>18</p> 	<p>18</p> 	<p>18</p> 

Neosho Wrestling Club **Registration**

The Neosho Wrestling Club will begin its 27th season with an organizational parent's meeting on Thursday night, November 11th, at 6:00. The cost to join will be \$35, which includes insurance and a USA Wrestling Card, which is required at most tournaments.

WHO: Anyone in second through eighth grade.

WHAT: Learn basic and advanced grade school style wrestling skills.

WHERE: Practices will be held in the Neosho School gym.

WHEN: Monday nights from 6:15-7:15, optional tournaments will be held on Sat./Sun.

WHY: A desire to learn, compete, make friends, or just get into shape.

Questions? Please contact Mr. Grimm
See you on Nov. 11th at 6:00!



Hartford Union High School District

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BUSINESS OFFICE • 262-673-8380 • FAX 262-673-8384

<http://www.huhs.org>

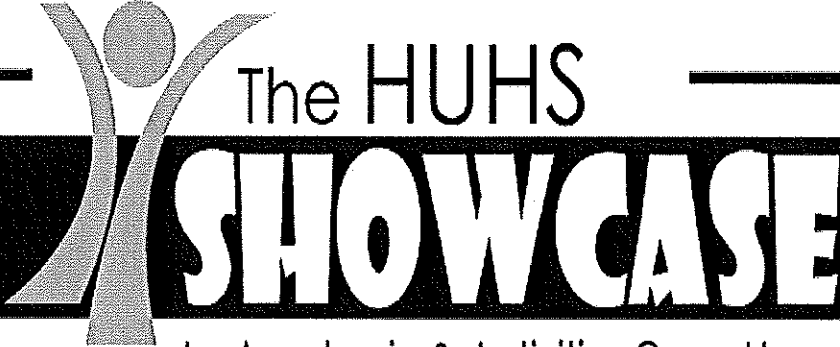
Dear Parents,

We would like to invite you to come out to Hartford Union High School on Wednesday, November 10 to attend *The HUHS Showcase: An Academic & Activities Open House*. This event will run from 5:30 – 8:30 pm and we would love to see you there!

In previous years, our school district held an Open House every September and it was targeted towards parents of our current students. This year, we would like to try something different. We are opening our doors to everyone of all ages from the surrounding communities to come and see what HUHS is all about!

Whether you're a student, parent, grandparent, or neighbor... Whether you've never been to HUHS or you're at HUHS daily, we ask that you take a brief walk through our halls, stop in our classrooms, and talk to our great teachers and students to see what HUHS is all about!"

Why should you come? We'll have demonstrations and experiments lead by our teachers, hands-on activities for all ages, PRIZES, information about our 21st century curriculum, great co-curricular activities and sports, and more! It's sure to be an evening of family fun and HUHS pride!



The HUHS
SHOWCASE

An Academic & Activities Open House
Wednesday, November 10
5:30 - 8:30 pm

Live Demonstrations Free Admission
Hands On Activities Prizes & Drawings!
Everyone is welcome!

Come see what HUHS is all about!

Hartford Union High School District www.huhs.org