

Human Growth and Development - Grades K-2

Course Outcome Summary

Information

Credits

0

Organization

Hartford Area School District Consortium

Mission/Description

Our mission is to develop within our students healthy daily living. Quality health education motivates individuals to take an active role in protecting, maintaining and improving their health through critical thinking, decision making, and problem solving.

Core Abilities

Develop a code of social behavior through appropriate interactions.

Practice health and safety habits.

Assume responsibility.

Demonstrate communication skills.

Demonstrate work ethic/commitments.

Develop interpersonal skills.

Assume responsibility for conflict resolution.

Apply reasoning and problem solving strategies.

Demonstrate gathering/research.

Utilize technology.

Competencies, Linked Standards, Objectives and Performance Standards

1. **Recognize that living things reproduce their own kind.**

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: Medium

Importance: Essential

Linked External Standards

WI.HE.A.4.5: Describe the basic structure and functions of the human body system

Performance Standards

Your performance will be successful when:

- o you group objects into living and nonliving categories accurately.
- o you sort and match full grown species with their origin accurately.

Learning objectives

- a. Identify the difference between living and non-living things.
- b. Comprehend that plants come from seeds, bulbs or cuttings.
- c. Comprehend that most animals come from eggs.
- d. Comprehend that human babies are born from human mothers.

2. Recognize that animals produce young in different ways.

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: Medium

Importance: Essential

Performance Standards

Your performance will be successful when:

- o you will discuss in class how baby animals and humans are born.

Learning objectives

What you will learn as you master the competency:

- a. Recognize that some animals grow and hatch from eggs outside the mother's body.
- b. Recognize that some animals and humans grow inside the mother's body and are born alive.

3. Recognize that human beings grow and develop inside their mother.

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: Medium

Importance: Essential

Linked External Standards

WI.HE.A.4.5: Describe the basic structure and functions of the human body system

Performance Standards

Your performance will be successful when:

- o you will identify what a pregnant female looks like by identifying someone who they know is going to have a baby..
- o you will discuss in class who is primarily responsible for keeping babies healthy.

- o you will discuss in class habits that are harmful to a an unborn child.

Learning objectives

- a. Recognize visible characteristics of a pregnant female.
- b. Recognize that it is the mother's responsibility for good nutrition before the baby's birth, as well as proper care for the baby after birth.
- c. Recognize that smoking, alcohol and other drug consumption are harmful to prenatal development of the baby as well as to anyone else.

4. Recognize that with love and with physical needs met children can feel safe and secure.

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: Medium

Importance: Important

Performance Standards

Your performance will be successful when:

- o you will discuss in class your own physical and emotional needs and how they can be met.
- o you will explain to the teacher that others have physical and emotional needs that may be the same or different than your own.
- o you will role play in class several ways family members show they love each other.
- o you will participate in a discussion about the importance of each member of your family.

Learning objectives

- a. Become aware of his/her own physical needs and the physical needs of others.
- b. Become aware of his/her own emotional needs and the emotional needs of others.
- c. Become aware of how these needs can be met.
- d. Identify ways that fathers, mothers and children can show they love each other.
- e. Recognize why he/she is an important member of his/her family.

5. Recognize a need for caring adults in your life.

Properties

Domain: Affective

Level: Valuing

Difficulty: Medium

Importance: Important

Linked External Standards

WI.HE.A.4.2: Describe how family, school, and community environments influence personal health

Performance Standards

Your performance will be successful when:

- o you will discuss in class how families prepare for new members.

- o you will list in writing several potential caretakers.
- o you will articulate your own ideas in a class discussion about potential caretakers.
- o you will participate in class discussions and role play ways children need care.

Learning objectives

- a. Recognize that all human and animal families prepare for the birth or adoption of their young.
- b. Identify which adults can care for them and ways they can be cared for.

6. Realize individuals of the same age are similar and different in their growth.

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: Medium

Importance: Important

Performance Standards

Your performance will be successful when:

- o you will graph physical differences in classmates at the beginning and end of the year. (height, hair color, eye color and ethnic background)
- o you will compare and contrast in written form these differences.
- o you will participate in discussions about why there are differences in growth in different students.
- o you will participate in discussions about differences in emotional and intellectual growth between people. (disabilities and talents)
- o you will work cooperatively with all classmates, regardless of differences.
- o you will use correct terminology for all parts of your body at all times (ankle, arm, buttocks, chest, chin, ears, elbow, eyes, fingers, foot, hair, hand, head, heel, hips, knee, legs, lips, mouth, nose, private parts, shoulder, teeth, waist).
- o you will show respect for your own and others privacy by following school and social etiquette on personal care.

Learning objectives

- a. Recognize physical growth differences in each individual.
- b. Recognize outside influences that bring about growth differences.
- c. Build an understanding of physical, mental, learning and emotional disabilities.
- d. Recognize different emotional and intellectual growth in individuals.
- e. Recognize the need for an individual to be accepted regardless of his/her growth differences.
- f. Understand that there is nothing shameful about any part of their body.
- g. Recognize the need for privacy for themselves and others.

7. Discuss sicknesses that different germs cause.

Properties

Domain: Cognitive

Level: Comprehension

Difficulty: High

Importance: Important

Linked External Standards

WI.HE.B: Healthy Behaviors--Students will practice behaviors to promote health, prevent disease, and reduce health risks.

Performance Standards

Your performance will be successful when:

- o you will discuss in class common sickness and share experiences of being sick, what made you sick, and what made you feel better.
- o you will participate in discussions about how you can tell you are getting sick.
- o you will identify pictures of healthy versus unsafe ways to use medicine.
- o you will discuss ways to prevent serious illnesses.

Learning objectives

- a. Discuss different kinds of germs and viruses.
- b. Name some of the sicknesses caused by germs.
- c. Discuss how germs are passed.
- d. Be aware that it is normal to be sick sometimes.
- e. Recognize warning signs of sickness.
- f. Discuss healthy use of medicines.
- g. Discuss how they can keep themselves healthy (immunization, vaccines, antibodies, hygiene).
- h. Recognize the importance of compassion for the sick.

8. Appreciate the role of families and each family member.

Properties

Domain: Affective

Level: Valuing

Difficulty: Medium

Importance: Essential

Performance Standards

Your performance will be successful when:

- o you will develop a family tree.
- o you will compare and contrast the different family trees via class discussion.
- o you will discuss in class different roles in a family and what your role is.
- o you will role play activities families can do together.

Learning objectives

- a. Identify man/boy and woman/girl.
- b. Recognize that a family is a group of people who belong together.
- c. Name various members of a family.
- d. Name various members of an extended family.
- e. Recognize that all people need food, oxygen, shelter, clothing and love.
- f. Identify activities family members can do together.
- g. Recognize various kinds of families and the ways family membership can change.
(single parent families, blended families, foster families)